



Lunch Prices

Student \$3.40/\$4.3(T)
Student Reduced \$0.00
Adult \$4.65/45.55(T)

Checks can be made payable
to "WJHSD Cafeteria Fund"

Online payments can be made
at www.payforit.com
Instructions can be found
at www.wjhsd.net



Manage your child's lunch account
at www.schoolcafe.com

See what they are purchasing
Get low balance alerts
and more!

Instructions can be found
at www.wjhsd.net



John Rambo

Food Service Director
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PHMS Lunch Menu May & June 2025



Monday	Tuesday	Wednesday	Thursday	Friday
5/5/25 Chicken Mashed Potato Bowl(T) or Italian Meatball Hoagie Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk	5/6/25 (2) Soft Tacos On wg tortillas or Terriyaki Chicken Featured Veggies: Black Bean Salsa Lettuce & Tomato Choice of Fruit Choice of Milk	5/7/25 Wing It Wednesday Wing Bar (T) with Choice of Sauce Featured Veggies: Curly Fries Carrot Sticks Choice of Fruit Choice of Milk	5/8/25 Mini Corn Dogs or Chicken & Biscuits Featured Veggies: Celery Sticks Romaine Salad Choice of Fruit Choice of Milk	5/9/25 Potato & Cheese Pierogies or Jaguar Burger(T) Featured Veggies: Cucumber Salad Tomato Wedges Choice of Fruit Choice of Milk
5/12/25 Dutch Waffle Bar with Sausage patty and Fruit toppings Featured Veggies: Hot Cinnamon Apples Hashbrown Triangles Choice of Fruit Choice of Milk	5/13/25 Double Dog Day 2 Hot Dogs or Nacho Grande Pretzel Stick Featured Veggies: Baked Beans Celery Sticks Choice of Fruit Choice of Milk	5/14/25 Pasta Bar Choice of Pasta & Sauce or Turkey Bacon Club Sandwich Featured Veggies: Baby Carrots Mixed Vegetables Choice of Fruit Choice of Milk	5/15/25 Homemade Pepperoni Roll(T) w/Dipping Sauce or Hot Italian Hoagie On a wg Bun Featured Veggies: Oven Fries Romaine Salad Choice of Fruit Choice of Milk	5/16/25 Italian Dunker w/Dipping Sauce or Sweet & Sour Chicken with rice Featured Veggies: Oriental Vegetables Mandarin Oranges Choice of Fruit Choice of Milk
5/19/25 Bosco Pizza Sticks or Popcorn Chicken with Whole Grain Roll Featured Veggies: Potato Wedges Chic Pea Salad Choice of Fruit Choice of Milk	5/20/25 Walking Taco with Doritos Chips or Taco Pizza Featured Veggies: Mexican Corn Cherry Tomatoes Choice of Fruit Choice of Milk	5/21/25 Breakfast For Lunch Breakfast Sandwich or Waffles with Syrup Featured Veggies: Hashbrown Patties Hot Cinnamon Apples Choice of Fruit Choice of Milk	5/22/25 COOKOUT DAY!! Hamburger or Cheeseburger or Hot Dog Baked Beans Watermelon Carrot & Celery Sticks Potato Chips Icy Juicy Choice of Milk	5/23/25 Teacher In-Service  No School for Students
5/26/25 Memorial Day  No School	5/27/25 Chicken Burrito or Pulled Pork Nachos Featured Veggies: Black Beans Peppers & Onions Choice of Fruit Choice of Milk	5/28/25 Hot Ham & Cheese On a Pretzel Roll or General Tso's Chicken (T) over rice Featured Veggies: Steamed Broccoli Mandarin Oranges Choice of Fruit Choice of Milk	5/29/25 BBQ Rib Sandwich On a wg Bun or Flat Bread Pizza Featured Veggies: Oven Fries Creamy Coleslaw Choice of Fruit Choice of Milk	5/30/25 Chicken enders or Mini Corn Dogs Featured Veggies: Tomato Salad Carrot Sticks Choice of Fruit Choice of Milk
6/2/25 Popcorn Chicken Bowl with Gravy or Italian Meatball Hoagie Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk	6/3/25 Nachos Grande or Chefs Choice Featured Veggies: Black Bean Salsa Potato Wedges Choice of Fruit Choice of Milk	6/4/25 Wing Bar(T) Choice of Sauce or Chefs Choice Featured Veggies: Cavort Sticks Celery Sticks Choice of Fruit Choice of Milk	6/5/25 Last Day Of School!!! Half Day!!! NO LUNCH SERVICE!!! 	6/6/25  See you in August!!

Looking for Nutritional information? Go to SchoolCafe.com. Instructions are on the District Website

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy White - potatoes, corn, peas and lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Leave Your Lunch at Home

Daily entrée alternate options may include:

Check out our Pizza Line!!! Assorted Pizza Choices that may include: Big Daddy's(T), Deep Dish(T), Taco, Stuffed Crust, French Bread, Buffalo Chicken, and more...

or
Chicken Patty Sandwiches
or
Grab & Go Salads
or

Grab & Go Deli Sandwiches or
Try our version of the Launchable, "The Lunch Pack" Entree options include Yogurt & Cheese Stick, Ham & Cheese Cubes, Grilled Chicken Strips, Nachos, Breadstick Dippers, Pizza, and more...